

AM I READY TO BE AN FHP?

DO I HAVE THE TIME TO BE AN FHP/CO-FHP?

Taking on this role is a very big decision for families to discuss. You will be opening your heart and home to an individual who will need your support 24/7. When you agree to become an FHP you are making a commitment to enrich the person's life through love, compassion, dedication, and community inclusion, which involves a substantial investment of your time. FHPs will need to be available for meetings and will be a part of a support team that typically includes a guardian, case manager, and additional support members. An FHP is required to transport and accompany individuals to medical appointments or activities that require assistance. It's important to be matched with a person with a similar lifestyle and the needs of your family.

IS MY FAMILY READY?

It's important to consider the readiness of the family which also includes conversations with children. Bringing a person with IDD into your family will require a lot of attention, and the decisions made impact everyone in the home. Be sure everyone is on board with adding another member to your family and discuss changes that will occur. In the event you are sick or need to be away, you will need an external person or family member you can rely on to provide support to the individual. This natural support will go through the process to be a CO-FHP and complete the same training as your family.

IS MY HOME READY?

The people we support must have their own bedroom for privacy. They must be able to have access to a bathroom for bathing and grooming. The home environment must be clean, uncluttered, and have access to the same common areas as your family. Some individuals may require minor modifications to the home for handicap accessibility. This would be discussed with each referral and may not always be applicable.

Additional Compliance Items:

- Fire evacuation map/route posted in the home
- Fire extinguisher on each floor
- Carbon monoxide detector on each floor
- Working smoke detectors
- Hot water, which does not exceed 120 degrees Fahrenheit.
- Firearms and ammunition must be locked separately and not accessible
- Medication storage must be locked and not accessible

WHAT TRAINING IS REQUIRED TO BE AN FHP/CO-FHP?

You may be required to travel to some training sites in Jefferson or Oldham counties.

- Crisis Prevention and Intervention (CPI)
- CPR/First Aid
- Medication Administration
- College of Direct Support Professional
- Orientation/Documentation Training
- Behavior Support Training (if applicable)

WHAT ARE THE MINIMUM QUALIFICATIONS?

- Twenty-one (21) years of age or older
- Application and Interview
- Home inspection
- Valid driver's license and insurance
- Background check(s) for any adult 18 years of age or older living in the home
- Drug Screen(s)
- TB Skin test
- Must be comfortable with technology and maintaining electronic records
- Has the ability to:
 - Communicate effectively
 - Read, understand, and implement written and oral instructions
 - Perform required documentation to compliance standards
 - Attend and participate as a member of the individual's person-centered team