

# FAMILY HOME PROVIDER

CedarLake 



**unconditional love** for people with disabilities

**Since 1970**

# WELCOME TO CEDAR LAKE

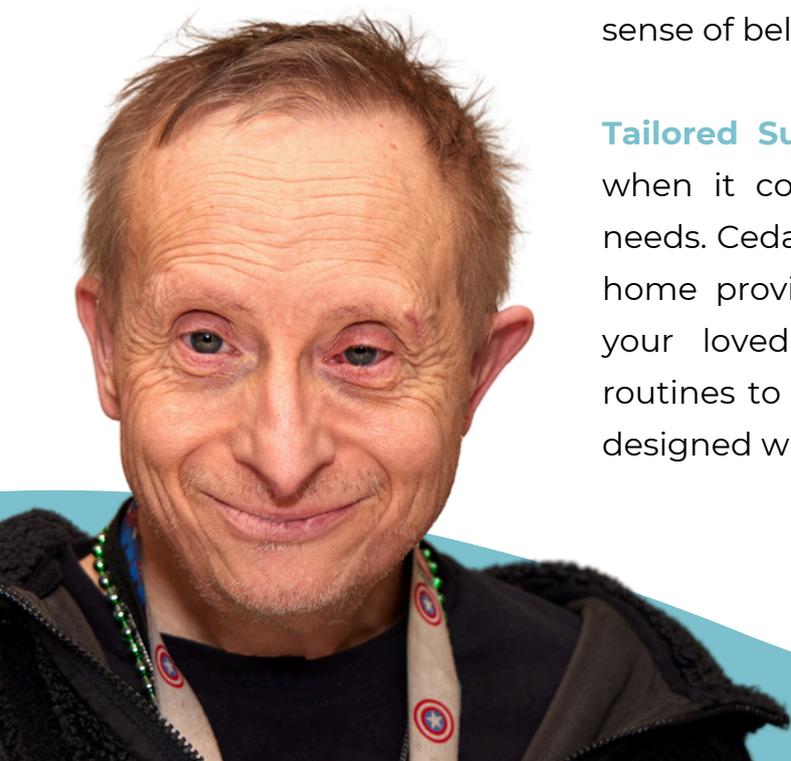
Dear Caregiver,

As a family member of someone with an intellectual or developmental disability (IDD), you understand the challenges and uncertainties that come with ensuring your loved one's well-being and future security. It's a journey filled with questions, worries, and a deep desire to provide the best possible care.

Amidst these concerns, the Cedar Lake Family Home Provider (FHP) Program shines as a beacon of hope and possibility. Let me tell you why it's not just another option but possibly the perfect fit for your loved one:

**A Safe Haven:** Imagine a place where your loved one is not just a resident but a cherished member of a caring family. Cedar Lake offers exactly that – a warm, loving environment where individuals with IDD find a true sense of belonging and acceptance.

**Tailored Support:** One size does not fit all, especially when it comes to caring for individuals with unique needs. Cedar Lake understands this implicitly. Our family home providers offer personalized support, tailored to your loved one's specific requirements. From daily routines to personal preferences, every aspect of care is designed with your loved one in mind.



**ABOUT  
CEDAR LAKE**

**CedarLake.org**

**For 50 years,** Cedar Lake has been dedicated to supporting individuals with intellectual and developmental disabilities. Our **legacy of care** is built on compassion, respect, and excellence, offering abundant possibilities for those we serve. Through personalized care and innovative programs, we empower individuals to lead fulfilling lives and achieve their fullest potential.

**Community Integration:** Isolation is a common challenge for individuals with IDD. Cedar Lake flips the script by encouraging active participation and engagement within the community. Living in a family setting fosters social connections, empowers independence, and opens doors to a world of opportunities your loved one might not have imagined possible.

**Lasting Relationships:** Beyond just caregivers, Cedar Lake providers become extended family members, forming deep, meaningful relationships with those they support. This continuity of care ensures stability, comfort, and companionship for your loved one, fostering a sense of security and trust.

**Peace of Mind:** Perhaps most importantly, Cedar Lake offers you, as a caregiver, peace of mind. Knowing that your loved one is not just cared for but genuinely loved and valued can alleviate the worries that often accompany caregiving responsibilities. With our family matches, your loved one will be cared for by someone whom most aligns with their needs and goals.

In the vast landscape of options, Cedar Lake stands out as a beacon of hope and possibility. It's not just a program; it's a promise of a brighter, more inclusive future for your loved one.

**Take the first step toward a better tomorrow.** *Explore the Cedar Lake Family Home Provider Program today and discover why it's more than just a choice – it's a lifeline.*

Warm regards,

A handwritten signature in blue ink that reads "Rick Davis".

Rick Davis  
CEO, Cedar Lake

“The FHP program has been the best thing for Ron and us. Ron is just thriving in that environment with Sarah and Matt. Our family grew by two when Ron went to live with Sarah and Matt!”

-Susan G.

# TRAINING

# REQUIREMENTS

*As you consider the possibility of including your loved one in the Cedar Lake Family Home Provider Program, we understand that ensuring their safety and well-being is your top priority. We want to assure you that our Family Home Providers undergo rigorous training and screening to provide the highest standard of care for your loved one.*

## **Here's a comprehensive overview of the training requirements our Family Home Providers complete:**

**College of Direct Supports Modules:** Our Family Home Providers complete 71 online modules through the College of Direct Supports, ensuring they are equipped with the knowledge and skills necessary to support individuals with intellectual and developmental disabilities effectively.

**Crisis Prevention and Intervention Training:** Safety is paramount. Providers receive training in crisis prevention and intervention techniques to effectively manage challenging situations while maintaining the dignity and well-being of those they support.

**CPR / First Aid:** In emergencies, every second counts. Our providers are certified in CPR and First Aid, ensuring they can respond promptly and appropriately to medical emergencies.

**Bloodborne Pathogen Training:** We prioritize the health and safety of both our providers and the individuals they support. Training in bloodborne pathogens ensures proper handling and disposal of potentially hazardous materials.

**Incident Report Training:** Transparency and accountability are key. Providers are trained to accurately document and report any incidents, ensuring timely resolution and prevention of future occurrences.

**Drill Training:** Preparedness is essential. Providers undergo drill training to effectively respond to various emergency scenarios, ensuring the safety and well-being of everyone in the home.

**Medication Administration:** Proper medication management is crucial. Our providers receive training in safe and accurate medication administration to ensure the health and well-being of those they support.

# TRAINING

# REQUIREMENTS

**Abuse, Neglect, Exploitation Training:** Protecting vulnerable individuals is paramount. Providers receive training to recognize and report signs of abuse, neglect, and exploitation, ensuring the safety and dignity of those in their care.

**In addition to these training requirements, we also conduct thorough screenings to ensure the safety of our Family Home environments:**

**Drug Test and Background Check:** All individuals over the age of 18 residing in the home undergo drug testing and background checks to maintain a safe and secure environment.

**Home Visit:** We conduct comprehensive home visits to assess safety measures such as the availability of first aid kits, appropriate water temperature, functioning smoke detectors, and the overall suitability of communal living spaces and individual bedrooms.

**Ongoing Training:** Ongoing education includes updated modules on best practices, advanced crisis prevention techniques, and the latest in medical and behavioral support.

**At Cedar Lake, we are committed to providing a safe, nurturing, and inclusive environment for your loved one. Our rigorous training requirements and thorough screening processes ensure that our Family Home Providers are equipped to deliver exceptional care and support.**



## ABOUT CEDAR LAKE

Cedar Lake was founded in 1970 by Louisville-area parents of people with intellectual and developmental disabilities. Cedar Lake Lodge began providing intensive supports in 1974, and added community-based support options, Cedar Lake Residences, in 1989.

Cedar Lake is the largest private provider of residential and community-based services for adults with intellectual and developmental disabilities in the state of Kentucky.

# THE CEDAR LAKE

# FHP MATCH

*At Cedar Lake, we understand that individuals with developmental or intellectual disabilities have unique requirements and capabilities. That's why we strive to match each individual with a Family Home Provider whose support aligns with their lifestyle and needs.*

## **Here's how we ensure a personalized match:**

**Understanding Diverse Needs:** We recognize that the adults we serve have varying degrees of disability and diverse needs. Some may be independent and capable of pursuing activities on their own, while others may require more support in their daily lives.

**Tailored Matching Process:** Our matching process is designed to pair individuals with Family Home Providers whose support aligns with their specific needs and preferences. Whether it's independence, job opportunities, or additional support, we'll ensure that each person is matched with a Family Home Provider who complements the individual's lifestyle and capabilities.

**Individualized Care Plans:** Once matched, our Family Home Providers work closely with individuals and their families to develop personalized care plans. These plans are tailored to address each individual's unique strengths, challenges, and goals, ensuring that they receive the support they need to thrive.

**Ongoing Support and Monitoring:** We provide ongoing support and monitoring to both individuals and Family Home Providers to ensure that the match remains successful and that the individual's evolving needs are met effectively.

At Cedar Lake, our goal is to provide a nurturing and supportive environment where individuals can flourish and lead fulfilling lives. By matching individuals with the right Family Home Provider, we strive to create meaningful and mutually beneficial relationships that promote independence, inclusion, and well-being.

# FREQUENTLY ASKED QUESTIONS

## What happens if my relative needs additional services?

While our priority is for an individual to reside in their FHP long-term, we understand there can come a time when additional services are needed. Individuals who may eventually require more specialized care are eligible to access our Intermediate Care Facilities and staffed residences, forgoing what has typically been an 8-10 year waiting list.

Cedar Lake can support an individual with IDD throughout the entire spectrum of their life, bringing new meaning to continuity of care.

## What Kentucky Medicaid Waivers are accepted for the FHP program?

Individuals with a Supports for Community Living (SCL) waiver may be accepted to the Family Home Provider program after evaluation of their care needs.

## What additional services are available?

Individuals residing with an FHP are part of the Cedar Lake family, benefiting from our entire spectrum of services under the Supports for Community Living waiver, if deemed appropriate, which include:

- Supported Employment
- Day Training

**Living with a Family Home Provider (FHP)** creates the unique opportunity for your loved one to receive truly comprehensive, personalized, and consistent care. Anyone living with an FHP becomes part of a family, celebrating all of life's moments together. FHP's and the prospective individual are carefully matched to ensure a successful fit. By genuinely getting to know the provider and the individual, we ensure this connection forever enriches both the individual's and provider's lives.

# RONNIE & SARAH'S STORY

Meeting Ronnie is like discovering a treasure trove of warmth and joy. His infectious smile and welcoming demeanor instantly make you feel like you've known him for ages. Sarah Hensley, a former Cedar Lake Direct Support Professional (DSP), experienced this firsthand. She vividly recalls Ronnie's eager greetings, his willingness to help with her belongings, and the genuine excitement he exuded whenever she arrived for work.

When Ronnie became a part of Cedar Lake in 2007, he found a home in one of the Cedar Lake staffed residences,

receiving round-the-clock support. For Sarah, who spent a decade working at the same Cedar Lake residence where Ronnie lived, transitioning to becoming a Family Home Provider (FHP) was a natural progression. Choosing Ronnie to join her household through the Cedar Lake FHP program was an easy decision, as she had always envisioned expanding her family.

Since September 2021, Ronnie has been an integral part of the Hensley family. Despite now residing with Sarah and her husband, Matt, Ronnie maintains close connections with his cousins, Kim and Susan, who serve as his co-guardians. Together, they cherish traditions like celebrating Ronnie's birthday and participating in family gatherings.

Sarah and Matt go above and beyond to preserve Ronnie's favorite routines. Whether it's their weekly Saturday visits to McDonald's for Ronnie's beloved big breakfast meal or Sunday outings to the bowling alley where Ronnie showcases his bowling prowess as a Special Olympics champion, the Hensleys ensure that Ronnie's passions are honored.

Throughout the week, Ronnie engages in various activities, from socializing at Down Syndrome of Louisville and Cedar Lake Enrichment Center to indulging in his love for karaoke and classic tunes by the Oak Ridge Boys and Johnny Horton. His zest for life extends to playing basketball, relishing vintage game shows and *The Price is Right*, and spending time with his faithful canine companion, Winston the labradoodle.



# RONNIE & SARAH'S STORY

In 2022, the Hensleys embarked on a memorable family vacation to Gatlinburg, where Ronnie reveled in visits to the Hollywood Stars Car Museum and Pigeon Forge's Sunliner Diner. Sarah's care has not only provided Ronnie with a nurturing environment but has also empowered him to advocate for himself and enhance his communication skills.

Ronnie's magnetic personality has had a ripple effect, inspiring Matt to pursue certification as an FHP through Cedar Lake. As they eagerly anticipate welcoming another individual into their home, the Hensleys are committed to finding a perfect match—one who will undoubtedly forge a lasting friendship with Ronnie.

Ronnie's journey with the Hensley family exemplifies the power of love, acceptance, and inclusion. Through shared experiences, cherished traditions, and unwavering support, Ronnie has not only found a loving home but has also enriched the lives of those around him, leaving an indelible mark of joy and camaraderie.



# APPLYING FOR FHP CARE

**We welcome case managers and families to reach out to us for more information about the Cedar Lake Home Provider Program. Whether you have questions, need assistance, or want to explore our services, we are here to help. Please contact us at:**

Email: [clradmissions@cedarlake.org](mailto:clradmissions@cedarlake.org)

Phone: (502) 222-0053

*We look forward to connecting with you and supporting your needs.*



**SCAN THE QR CODE TO REFER AN INDIVIDUAL FOR SUPPORT  
THROUGH THE FAMILY HOME PROVIDER PROGRAM**